

## Leader's Soul-notes

### 1. Priority One: The Leader's Soul

#### 2,3,4-quotes

Are you living on the edge? You will fall off.

Be Not weary.

#### 5. symptoms of soul neglect

The failure of leaders to deal with their own souls, their inner life, is deeply troubling not only for themselves but for other persons in the misery they cause. The destructive consequences from leaders who fail to work out of deep sense of their inner self are staggering.....Patricia Brown

#### 6. the wall

Only 15% of ministry majors stay in ministry

#### 7. title page for motives and pace

#### 8. silhouettes-energetic, busy, active, going, going, want to excel, cocky?

#### 9. Iceberg-what are those things deep within you that motivate you?

- The need to be liked-leads to compromising to please others.
- The need to succeed
  - Working to win approval.
  - Father wound.
  - Success depends on me.
  - Fear of failure
  - Finding our identity in performance
  - My "worthiness" depends on the outcome of this church plant.
- Adrenaline rush.
- Feelings are often God's way of pulling us deep. They alert us to unresolved issues. Do we listen to our feelings?

Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-4

#### 10. bicycle-Pace-do you ever feel like this? Do your days ever look like this? What could the bicycle represent? Burden, empowerment by the HS, personality, does it drag you down or make you go faster?

#### 11. Hurry sickness-A continuous struggle and unremitting attempt to accomplish more and more things or participate in more and more events in less and less time.

Hammer hitting the prairie dog.

Busyness is the enemy of spirituality. It is essentially laziness. It is doing the lazy think instead of the hard thing. It is filling our time with our own actions instead of paying attention to God's actions. Eugene Peterson

12. How did Christ overcome hurry sickness?

Mt 4-In the desert for 40 days

Mt 14:13 After the death of John the Baptists

Mt 14:24 After feeding the five thousand

Mt 17:1 At the Mt of Transfiguration

Mk 1:35 After healing many people

Mk 6:31-32 After the disciples return-didn't even want to hear their stories

Lk 6:12 Before choosing his disciples

Lk 22:39 In Gethsemene

Solitude is the one place where we can gain freedom from the forces of society that relentlessly mold us. Henry Nouwen

13. How do I develop the discipline of solitude?

14,15. what will happen

You do not go for solitude time because of a feeling you will get out of it, you show up for solitude because He is God.

16. prayer

17. ....I will ponder the pattern my life is weaving

Proverbs 25:28 Like a city whose walls are broken down is a man who lacks self-control.

Ezekiel 26:7-14-the rape of the city and music will be heard no more

Moses on the way to the tent of meeting-every one stood at the entrance to their tents. Then they bowed. Imagine if your congregation did this for you when you went away for the weekend? Exodus 33

Friedman-Failure of nerve-p163 in Strengthening the Soul of your Leadership

One intentional night a week with your spouse, one intentional day a week with NO work, one long weekend a quarter with NO work.